## QUAYSIDE MEDICAL PRACTICE

## **Well Controlled Asthma Plan**

The questionnaire you recently completed about your Asthma shows that your symptoms are well controlled and you do not require any further review at present.

However, asthma control can change overtime and if you have any increase in symptoms for instance an increased need for your rescue inhaler, night waking or increased shortness of breath, please make an appointment for a review.